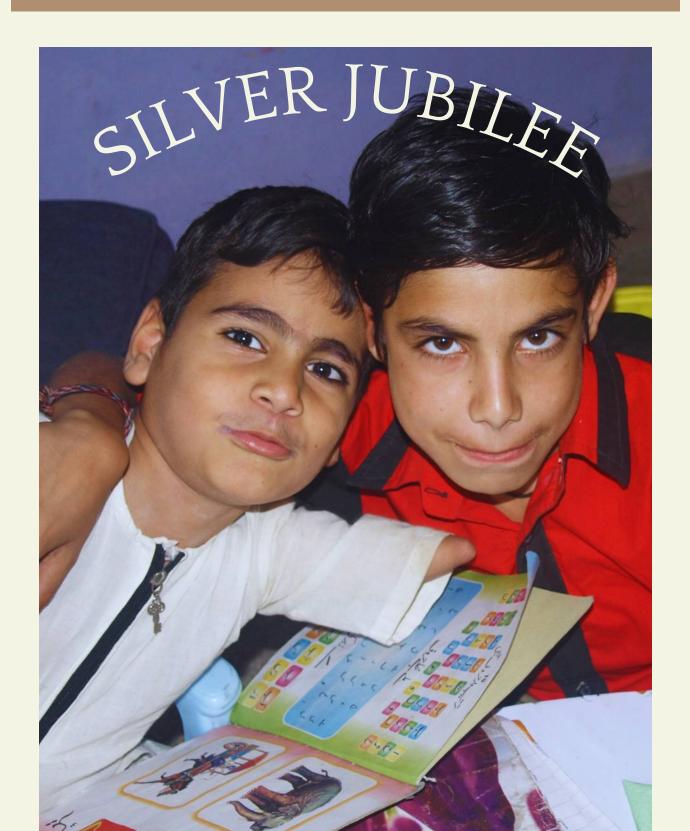


## **TAMIR** Welfare Organization

We Help Communities to Live, to Learn and to Earn in a better way

## ANNUAL REPORT 2021



# DIRECTOR'S STATEMENT

Dear Well Wishers & Colleagues,

Welcome to the Annual Report 2021.

I am very pleased to share with you all, a humble beginning, which my wife and I started in 1996. We started from a small room that went on to help disabled children all throughout our city Faisalabad. A group of friends and family members encouraged to establish this charity with the name 'Tamir Welfare Organization' for the noble cause to help for the welfare and development of marginalized and neglected people of our society.

This year marks the 25th anniversary and we are so excited to celebrate our time here at Tamir Welfare Organization and to its future.

The organization strives to break down the social barriers and provides opportunities for differently-abled people to integrate into mainstream society as self-reliant members. Hard work, commitment, and single-minded devotion to our core mission have contributed to the growth of Tamir Welfare.

We are thankful for the heroic efforts of our key workers, who have been with us for over 20 years and with their continuing effort day-in-day-out, supporting vulnerable groups in the most challenging of circumstances

Tamir has successfully completed 25 years of distinguished service for the cause of the differently-abled by providing, accessible

homes, medical help, vocational training, rehabilitation, education in inclusive setup besides supply necessary mobility appliances.

Today, Tamir is a well-reputed charity in the district Faisalabad serving in the field of disability, health, and education sectors. These achievements were only possible through the support and patronage of well-wishers such as and especially Allied Bank Limited (ABP) Pakistan, who stood by our side during times of crisis in our community. We are all indebted to respected Sheikh Waseem Mukhtar and his family for all the support during the two past decades.

Tamir Welfare Organization works alongside International Organizations such as Leonard Cheshire Disability (LCD) UK and they are providing guidance and training in our country through our program 'Tamir Cheshire Community Pakistan' (TCCP). LCD alliance with 54 countries around the world and in Pakistan, Tamir Cheshire is the only partner.

Tamir Welfare is working closing with Social Welfare Department Faisalabad, which are providing financial and government scheme support to disabled people since its inception. From local Newspapers to social media our activities highlight on regular basis.

We would like to thank especially the parent of disabled children and also to PWDs families, field workers, Nurses, and Care Workers who are regularly visiting and running 'Community-Based Rehabilitation Program and Al-Barkat School for special children

During the course of this journey in we have had thousands of beneficiaries who bear good success stories and they are making difference in their own lives, as well as they, are good citizens of Pakistan.

The Covid-19 pandemic has posed numerous challenges to the way our organization functions, however as far as activities are concerned, I think we're now able to think out of the box.

Thank you once again for your tremendous support.

Best wishes

<u>Stephen Anjum</u>

Chairman

Tamir Welfare Organization









## MISSION

To build an inclusive society through adequate resources and equal opportunities by community-based services and the promotion of collaborative partnerships.

#### VISION

To create an inclusive, barrier-free, and rights-based society by empowering disadvantaged community of Pakistan

#### OBJECTIVES

- To improve functional abilities and avoid secondary deformities.
- To ensure every child and young adult with a disability have access to mainstream education.
- To support persons with disabilities and their family members to ensure economic well-being and improved quality of life.
- To increase the level of community awareness about basic human rights and disability issues.
- To ensure inclusion and recognition of disabled people in the mainstream community, private sector, and government agencies.

## HUMAN RESOURCE AND STRENGTH OF THE ORGANIZATION





In 25 years of services in the community, we have built a good relationship with the district government, Hospitals, religious institutions, other NGOs, Schools, and disabled families in the community. Allied Bank Limited (ABL), Pakistan is the financial backbone of the organization and supported us to run the activities in Faisalabad. We have lifetime committed Founder members, Executive Board, volunteers, and Paid staff. We have trained over 500 volunteer healthcare staff who had received training on DOTS and Disability Assessment training. We are linked with 230 local schools and administration through teacher's associations and networking. We have been affiliated with national and international networks of disability organizations. Tamir Welfare is a member of Leonard Cheshire global alliance UK and TCCP is the only Cheshire service in Pakistan. Our biggest strength we have is the trust people of Faisalabad have in Tamir Welfare Organization.

## WHAT WE DO

#### Al-Barkat School for Special Children

Al-Barkat School was initiated in the year 2013 to provide earlier intervention to Children with disabilities. Al-Barkat provides functional education and rehabilitation who are mentally challenged. This special school provides education to speech and hearing-impaired students and functional literacy to those who are mentally challenged and have multiple disabilities. They are then integrated into normal mainstream schools at their hometowns at a later stage, with an appropriate support system and follow-up.

#### **Adaptations**

Tamir encourages and facilitates accessible adaptations at home and the workplace for easy access and mobility. The adaptations are made inside and outside the home and work environment. Tamir encourages using of low-cost and locally available material inaccessible adaptations for easy repair, redesigning or reconstruction, etc.

#### <u>Assistive Devices & Assistive Technology</u>

Accessibility is one of the major barriers to getting health services, education, training, and employment. Tamir provides and facilitates Assistive devices (White cane, Braille Books, wheelchairs, Crutches, walking frames, hearing devices, and visual aids) and Assistive Technology (JAWS & TALK, etc) to facilitate access to healthcare, education, learning, and employment opportunities.

#### **Everyday living Skills/Mobility Training**

Activities for daily living skills (A.D.L.S) and Mobility training play a vital role in improving self-help skills and independent life. Tamir provides support in developing A.D.L.S and carries out mobility training.

#### Inclusive Education

Tamir Cheshire Community Pakistan is a Programme' that has been actively involved in the technical input, monitoring, and evaluation of the Inclusive Education (IE) Project funded by Community Fund (CF) UK from 2006-2011. Tamir has carried out these projects successfully and a total of 320+ children with disabilities have got enrolled in the mainstream education system. Besides this achievement, clients had been supported for physiotherapy and other health and rehabilitation services. After the phase-out of the project, Tamir Welfare is continuing supporting disabled children through Al-Barkat Centre and is providing coaching and pre-school guidance. A recent survey shows some wonderful feedbacks records from old students and 40% are successful in their life.

#### Advocacy and Campaigning UNCRPD Campaign

Tamir has been constantly engaged in designing activities to create awareness and sensitization about the needs of persons with disabilities. We are working with parents, caregivers, community members, government officials, employer's organizations, representatives of training institutions, chambers of commerce, and various other stakeholders. Through Facebook and social media, human rights information is disseminated from time to time.

#### <u>Awareness and Sensitization</u>

Persons with disabilities face challenges in their day-to-day life cycle. Community workers & volunteers organized sessions and activities with community members in order to provide them aware of barriers they face every day. Introducing low-cost-accessible solutions to overcome barriers and how ABILITIES can be promoted for changing the prevailing negative attitude toward the abilities of persons with disabilities.

### PROBLEM STATEMENT DUE TO COVID-19

COVID pandemic has affected individuals, families, and communities to varying degrees. Children and adults with disabilities are facing huge challenges. Community Rehab Committee (CRC) planned to support disabled families during this hard time where everyone suffers. The goal of activities and programs is to improve access to health, therapy, livelihood opportunities for persons with disabilities in the COVID pandemic situation and facilitate new normal life. The effects of the COVID pandemic on children and adults with disabilities are seriously overlooked.

#### Challenges faced by Disabled families and Caregivers are:

- Lack of therapeutic services leads to behavioral issues, poor progress in functional skills, and high stress on caregivers.
- Struggle in accessing public health system for other long-term medical conditions.
- Struggle in meeting the expenses on long-term medication of person with disabilities by families.
- Persons with disabilities in the rural and slum community are mostly daily wage earners and lost their job.
- Difficulty in sustaining life with no income and depending only on pension given by the government.
- Survival during this pandemic becomes highly challenging for persons with disabilities and their families.

#### Following activities are planned to reach out to the community:

Engage with PWDs and their family members online (where possible) or via mobile phone and home visit and provide them with necessary therapeutic guidance. Supplementary home visits by community workers to ensure the effective implementation by the families. Invite them to attend/see their designated staff and visit Al-Barkat Centre.

- Organize bi-monthly medical camps and inviting vulnerable members at the center with SOP for assessment
- Organize online or in-person family counseling.
- Organize medicine support through subsidies and government sources (Health Card worth Rs.700,000).
- Identify loss of income for persons with disabilities and their families due to COVID and support by skills training, analyzing the current job nature and possibilities, and linking with 'Kashaf Bank' for loans for self-employment.
- Provision of Dry rations and COVID kit supply to families that are severely affected by COVID pandemic







## ACCESS TO GOVERNMENT BENEFIT SCHEMES

In collaboration with Social Welfare Department (SWD), Faisalabad, Tamir Welfare Organization is helping poor and deserving disabled families to be registered with the 'Government of Punjab scheme called 'Khidmat Card Scheme'. The purpose of this scheme is to improve the living standard of the people and providing them maximum relief. An amount of Rs.3,600 will be given to these groups on a quarterly basis in a dignified manner so that the self-respect of the recipient is not hurt.

In addition to this financial support for the provision of Aid & appliance will be given as well. Tamir believes that without improving the living conditions of disabled families in the community; you cannot improve the quality of life of disabled people. At the same time awareness, creation and advocacy campaigns for the rights of differently-abled children are equally important in order to remove the social stigma and discrimination from society. Tamir welfare does not charge any fee for their services; rather, the center accesses them to government welfare schemes such as Pakistan Bait Ul Mall and District Facilitation Cell in the District Faisalabad.



Beneficiary 2020-21			
Description	Male	Female	Total
CWDs & PWDs received trainings & Rehab facilities	107	155	262
Home Visit and Tele Rehab sessions- counseling for the improvements in self-care, communication, hygiene, learning and adaptive skills	354	291	645
Assistive devices facilitated / Repairs of Assistive through referral	35	22	57
Families of Disabled involved in programs	360	305	665
Medical Camps & Assessment at Tamir Centre and Evaluation	420	320	740
Disabled ID Card, Khidmat Card for PWDs registration application	Ongoing	Ongoing	55
Therapeutically aids beneficiaries	64	45	109
Disabled Children attend Al-Barkat School	25	32	57
Ehsaas/Benazir Fund & Bait Ul Maal Funds	263	364	627
Families of Disabled involved in programs	45	95	140
Rations and Covid Safety Kit (Twice a week) @ 100 families	2	-	1620+
Staff / volunteers Protective Kits		-	500+
NGOs, govt, teachers, employers sensitization	45	32	77
Community Awareness & Advocacy through Social & Print Media	3150	2300	5450+

## **Event Celebrations**

#### Free Medical Assessment of children with disabilities

THEME: "Building Back Better: toward a disability-inclusive, accessible and sustainable post-COVID-19 World". Organized By: Tamir welfare Organization, website: www.tamir.org.pk

International days are occasions to educate the public on issues of concern, which are to mobilize political will and resources to address global problems and to celebrate and reinforce the achievements of humanity. The existence of international days predates the establishment of the United Nations, but the UN has embraced them as a powerful advocacy tool.

International Day of Persons with Disabilities falls on the 3rd of December each year, with the aim of promoting empowerment, and helping to create real opportunities for people with disabilities. This enhances their own capacities and supports them in setting their own priorities. Empowerment involves investing in people – in Leadership, health, nutrition, education, and social protection. When people are empowered they are better prepared to take advantage of opportunities they become agents of change, and can more readily embrace their civic responsibilities.

Each year Tamir welfare organization observe International Day of Person with disabilities 'in the District Faisalabad for the sensitization of local community on disability issue and promote the rights of people with disabilities. This year again Tamir welfare organization organized a free medical assessment of children with disabilities at head office, where a large number of disabled persons participated.

Dr. Fiza (Doctor of Physiotherapy) and house officer of the physiotherapy department at Allied Hospital Faisalabad examined the patients. And provided training to mothers and other caretakers of disabled children for physical therapy at home.

## **SEE HOW YOU CAN BE PART OF THIS EVER-GROWING CHARITY**

Tamir operate through project funding from Pakistan financial institution, donations through Individual Philanthropist and Bait Ul Maal & Zakat Funds. Send donations to the following account

numbers. Donation in Pak Rupees



## Name of account holder:

### TAMIR WELFARE ORGANIZATION

Account number:

0010005751780012

Bank name:

ALLIED BANK LIMITED

Bank address:

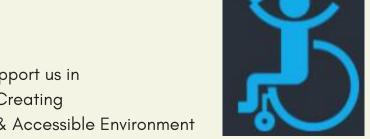
MODEL BRANCH, FAISALABAD, PAKISTAN

SWIFT Code:

**ARPAPKKAXXX** 



Support us in Creating Inclusive Society & Accessible Environment



With a dream of a barrier-free world for all PWDs!