



Little Kindness Can Big Impact To Differently Able Children. Thanks To Little Angel School Faisalabad

23 years' experience of working with
Person with disabilities and the community

TAMIR WELFARE ORGANIZATION

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Message from Founder Chairman

Dear well-wishers & partners,

Thank you very much for your generous support in the year 2018. Special gratitude to Allied Bank Limited Pakistan for the financial support to underprivileged children and adults with disability. All achievements are entirely thanks to the hard work of volunteers, staff, students and beneficiaries and most importantly, the commitment of you our loyal friends and supports.

This year Little Angle High School & College's student and staff visited Al-Barkat Rehabilitation Centre and met with disabled families in the community. This is worth mentioning to share that these visiting students were very inspired and moved to see first time the disabled children in their home environment. For most students this was the first introduction of poverty and disability. Over the years' we have developed good community and would continue support them for the quality of life.

Thank you,
Stephen Anjum
Founder Chairman

Mission: To build an inclusive society through adequate resources and equal opportunities by provisions of community-based-services and the promotion of collaborative partnerships.

Vision: To create inclusive, barrier free and rights-based society by empowering disadvantage community of Pakistan.

Community Based Rehabilitation (CBR) Service: The aim of CBR is to help people with disabilities, by establishing community-based programs for social integration, equalization of opportunities, and rehabilitation programs for the differently abled. The strength of CBR programs is that they can be made available in rural areas with limited infrastructure, as program leadership is not restricted to professionals in healthcare, education, vocational or social services. Rather, CBR programs involve the people with disabilities themselves, their families and communities, as well as appropriate professionals.

Community based rehabilitation (CBR) programs in semi-urban and rural areas in Faisalabad reaches out to 7 Tehsil, and working with 26,000+ people in about 60 areas.

Objectives:

- To improve functional abilities and avoid secondary deformities.
- To ensure every child and young adult with disability has access to mainstream education.
- To support persons with disabilities and their family members to ensure economic well-being and an improved quality of life.
- To increase level of community awareness about basic human rights and disability issues.
- To ensure inclusion and recognition of disabled people in mainstream community, private sector and government agencies.

Activities 2018:

Health and Medical Rehabilitation

- Organizing health camps for identification and assessment of differently-abled persons.
- Health care follow-up in the form of referrals for medical and surgical interventions and provisions of aids and assistive devices.
- Home visits by social workers providing information to parents and care givers on available facilities.
- Therapy services for differently-abled persons.

Education Rehabilitation

- Pre-school and supplementary education, NFE (Non formal Education) to special children and promotion of integrated and inclusive education.
- Special home-based education for persons with severe disabilities.
- Providing educational kits and appliances to spread awareness and encourage children to go to mainstream school.
- Organizing co-curricular activities and sports meet for the special children.

Social Rehabilitation

- Organizing village meetings, enactment of street plays in spreading community awareness on health, education and various issues pertaining to rehabilitation of the differently-abled.
- Creation of awareness through wall writing programs, performance of cultural activities by the differently-abled persons.
- Spreading awareness on disability to the community leaders, volunteers, and other members of the society.

Empowerment and Economic Rehabilitation

- Providing village-based vocational training for differently abled persons and their families in various trades like tailoring, carpentry, village market, blacksmith, cycle repair etc., using locally available infrastructures and materials.
- Economic rehabilitation through schemes for provision of loans to set up home-based and self-employment units.

Livelihood Rehabilitation

- Social mobilization, attitudinal change and empowerment of local disabled people and community to run CBR programs in the long run.
- Formation and empowerment of self-help groups (SHGs), Parent's association, volunteer groups and village development council to manage CBR programs.
- Short-term training and exposure to various levels of CBR personnel.

Al-Barkat Rehabilitation Center (ABRC)

Al-Barkat Rehabilitation Center is a unit of TAMIR, which was initiated in the year 2013 to provide services to Children with disability, adult persons with visual impairment, speech and hearing impairment, and orthopedic impairment. ABRC also provides functional education and rehabilitation to persons who are mentally challenged. The center provides a two-year agro-based training program. Special school provides education to speech and hearing-impaired students and functional literacy to those who are mentally challenged and have multiple disabilities. They are then integrated in normal mainstream schools at their hometowns at a later stage, with appropriate support system and follow-up.

ACTIVITIES AND BENEFICIARIES IN THE YEAR 2018

Educational activities



Vice president Mr. Parvaiz gill giving school kits to the students of Albarkat rehabilitation



Achievement this year

<u>Beneficiary 2018</u>	12 months		
	Male	Female	Total
Khidmat Card Registration of Disabled	124	115	239
Children with Disability received trainings	19	28	47
Families of Disabled involved in programs	425	303	728
Community Awareness & Advocacy	1275	909	2184
NGOs, govt, teachers, employers sensitization	14	14	28

Beneficiaries and Person who received therapeutical aids and Services in TAMIR Rehabilitation center

Total: 124

This year we worked with 124 PWDS (Male 52, Female 72). The breakdown of disabilities as follow:

Male: 52

Polio=7, CP= 18, M.R=06, Low Vision= 4, MD=2, HP=3, Spina Bifida= 1, Amputation= 2, Speech and hearing =7, Club Feet =2, Down syndrome =2,

Female=72

Community visited by English School children

TAMIR Welfare Organization and Little Angles high school and college, Faisalabad has jointly carried out activities in the community to sensitized students from high society to learn about disability and poverty in the slums of Faisalabad. Little Angles High School & College Faisalabad are ready to work with Tamir in future in awareness campaign.



Visits from Government Official

CEO of Special Education visit

This year, CEO special Education Mr. Abdul Hameed Gujjer visited Tamir welfare organization and Albarkat Rehabilitation Center. Establishing good contacts with different Government schools, linking with other institution now the CWDs who have completed their coaching can study in the mainstream schools



Extra-curricular activities

Different days such as Mother's day, Teacher's day, Independence, Republic day and Eid party were celebrated in the school in which the girls participated with lot of enthusiasm.



The parents meetings were organized periodically, in which various issues related to disability, rehabilitation, burn out and parent's association was addressed by the staff and resource persons.

Government benefit scheme support for disabled children

In collaboration with Social Welfare Department (SWD), Faisalabad, Tamir Welfare Organization is helping poor and deserving disabled families to be register with 'Government of Punjab Khidmat Card Scheme' launched for disabled people. SWD has declared 'Tamir Welfare Office' as primary contact centre for registration in the said scheme. The purpose of this scheme is to improve the living standard of the people and providing them maximum relief. An amount Rs.3, 600 will be given to the deserving people on quarterly bases in dignified manner so that self-respect of the recipient is not hurt. In addition to this financial support for the provision of Aid & appliance will be given to disabled people. Interest free loan for self-employment are also available. We are happy to report that so far we have given assistance to 239 disabled families. Tamir believes that without improving living condition of disabled families in the community; you cannot improve the quality of life of disabled people. At the same time awareness creation and advocacy campaign for the rights of the differently-abled children are equally important in order to remove the social stigma and discrimination from the society. TAMIR does not

charge any fee from these poor children with disability for their services; rather, the center accesses them to government welfare schemes such as Pakistan Bait Ul Mall and Zakat.

International day of persons with disabilities 2018

Since 1992, the United Nations International Day of Persons with Disabilities (IDPD) has been celebrated annually on 3rd December around the world. In 2018 the UN promoted this year's event with the title: "Empowering persons with disabilities and ensuring inclusiveness and equality". The theme focuses on the empowering of persons with disabilities for the inclusive, equitable and sustainable development envisaged in the 2030 Agenda for Sustainable Development. The Sustainable Development Goals (SDGs), agreed at the UN in 2015, are capable of transforming the lives of persons with disabilities. Persons with disabilities should aim for the SDGs to be achieved with them, by them and for them. To achieve a disability-inclusive society, persons with disabilities must work with their governments so that the SDGs are implemented in line with the UN Convention on the Rights of Persons with Disabilities (CRPD)

This year, Tamir Welfare Organization, Pakistan together with Leonard Cheshire Global Alliance raised collective voice and highlight the rights of disabled people. On 3rd December 2018 disability day. The purpose was to promote the empowerment of persons with disabilities, to reinforce that it is essential persons with disabilities are included in communities, and to ensure equal access to services and equal legal protection across all forms of discrimination.

Tamir's awareness rally in the Faisalabad:

Each year Tamir Cheshire Community Programme observe International Day of Person with Disabilities in the District of Faisalabad for the sensitization of local community on disability issues and promote the rights of people with disabilities. This year Tamir also conduct the prize distribution followed by an awareness rally to promote the voices of person with disabilities. People from all walks of life especially persons with disabilities, their families, community leaders, Tamir staff, government officials, and a large number of school children participated with great enthusiasm in this awareness walk and rally through the street slums of Faisalabad. The Director of Social Welfare department Mr Shahid Rana was the chief of guests, along with his fellow officers. Mr Shahid Rana addressed the participants. He emphasized the mainstreaming of persons with disabilities and he assured that he will empower the Ministry to ensure inclusiveness and equal rights. Miss Mafia Khan, Deputy Director Social Welfare Department and Women Development Programme, also showed the resilience and importance of the support of women with disabilities and how it is the responsibility of all members of community to mitigate the risks being faced by the women with disabilities so they can enjoy their full rights.



Advocacy & Social activities / outdoor pictures /WASH

Water Sanitation and Hygiene Programme

This is also emphasis on and teach the disabled children how to use toilet and cleaning the hands and teeth in Albarkat school system they are also get the training about the ADLS and basic training of eating habits.

Tamir with the support of local fund raising constructed 12 Accessible Toilets of Person with disabilities this year.



Physiotherapy treatment



Aid & appliances



CHALLENGES, OPPORTUNITIES AND LEARNING

STAKE HOLDER CHALLENGES			
Government		NGOs	
<ul style="list-style-type: none"> • Job quotas ineffective so far • Ineffective access to Persons with disability employment related data/ information • Awareness about benefits limited • Training may not be market linked • Limited success of programs 		<ul style="list-style-type: none"> • Scalability challenges for skilling and training model • Lack of sustainable funding • Lack of proper infrastructure • Training quality • Many in number but fragmented • Sharing of best practices • Instructor effectiveness 	
Companies		Persons with Disability	
<ul style="list-style-type: none"> • Availability of skilled general category candidates • Lack of necessary education and/or qualifications among persons with disability • No efficient center for sourcing Persons with disability • Infrastructure. • Unwillingness/ Unawareness . 		<ul style="list-style-type: none"> • Lack of accessible education • Impact of disability / logistical barriers. • Lack of encouragement from family and society (Social stigma) • Limited interaction. • Fast pace of environmental changes 	

Opportunity in Education for All:

* The society at large does not seem to have any negative attitude towards inclusive education probably because of their cultural ethics.

* The parents of children without disability are willing to include children with disability in ordinary schools.

* The graduates of the Departments of Special Education are in sufficient number and scattered all over the country to take up their professional role for implementation of inclusive education.

* The Ministry of social Welfare and special Education is all out to help the Ministry of Education in this regard by extending all possible technical and professional support.

* The Department of Special Education at three universities are willing to produce teaching learning resources for inclusive education as well as to impart in-services training to the teachers working in ordinary schools.

* The new government seems willing to bring changes in the country and hope they will look disability issues on priority.

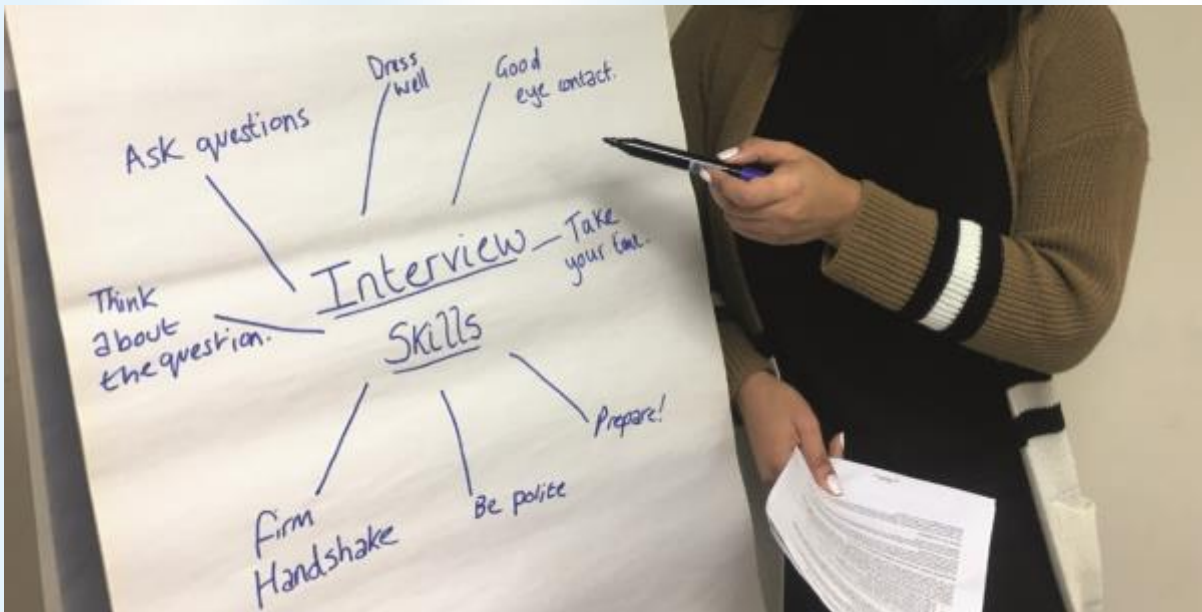
Biggest strength of Organization:

- *In 23 years of services in the community, we have built a good relationship with the district government, Hospitals, religious institutions, NGOs, Schools and disabled families in the community.
- * Allied Bank Limited (ABL), Pakistan is our partner in disability causes in Pakistan. Provides an annual grant to Tamir Welfare Organization to run our disability programme.
- * Committed Executive Board, volunteers and Paid staff.
- * Had volunteer 400 healthcare staff in the district who had received training DOTS and Disability Assessment training (2007-08) from the programme.
- * Affiliate to national and International networks of disability organizations
- * Member of Leonard Cheshire global alliance UK and TCCP is the only Cheshire service run by Tamir Welfare in Pakistan.

Findings & Lesson Learn:

Disability is a complex, multi-dimension and contested issue. The term is used to refer to individual functioning including physical impairment, sensory impairment, cognitive impairment, intellectual impairment, mental illness and various types of chronic diseases. Further the social problems faced by special people as well as the challenges encountered by their families and friends. The birth of a child with a disability in a family has a profound effect on the entire family. It brings immense changes in the family which is often likely to persist for a long time. Children with disability require special attention from parents often at the cost of time and money. Parents of CWDs often quit their jobs or change jobs to be able to take care of the special children in a better way and they remain in stressful conditions. Having a child with disability is often perceived negatively and such individuals are stigmatized. Often superstitious beliefs are associated with such individuals and these are considered as results of divine punishment because of sins committed by the parents during their life time. In Pakistan despite efforts of national and international organizations for the inclusion of special children in different segment of society the constraints remain intact. There is absence of totally developed education system for special children. In rural areas, transport and unfriendly schools' system. Teachers are not trained to handle disabled children. Corporal punishment and discrimination are common due to lack of understanding of rights of disabled children and families. Adults with disabilities, unfortunately have to face multiple changes throughout their lives. From getting a job, receiving medical treatment; from accessing public transport to getting higher education, PWDs have to go through many social barriers too in Pakistan. Project identified there were more than 500 disabled people needs a wheelchair, but our programme as well as government has very limited resources and International NGOs are difficult to reach.

PATHWAY TO EMPLOYMENT PROJECT 2019-2020



The pathway to employment project will be introduced in 2019 and engaging young disabled people and introducing new course for better future. Project will invite young people with disability who are planning to return to paid or voluntary work. The course covers all areas of employment preparation including support with health management, benefits advice, confidence building, CV writing, interview skills and support in the workplace.

This course would be delivered by the Tamir Disability Resource Centre in Faisalabad.

Target PWDs: Enrolled 40+ Young Disabled People in one year and engaged them to receive pathway to employment course. i.e 10 students per quarter

Course	Health Management	Benefit Advice	Confidence Building	CV writing	Interview skills	Support at workplace
Quarter 1						
Quarter 2						
Quarter 3						
Quarter 4						

Contact: Romail Anthony & Babar Aqeel



نیسل آباد مسطوروں کے عالمی دن کے موقع پر تقریریں وطنیہ اور گٹارڈیشن کے زیر اہتمام آکھی واک کی قیادت؟ انٹیکو مشنل وٹھیر شادرا نامہ صدر پروڈیگی،
 وٹھیر شادرا نامہ صدر پروڈیگی،
 وٹھیر شادرا نامہ صدر پروڈیگی،



لیکھ لیا۔ آج ہندوؤں کے کالی دن کے موقع پر فقیر، اعلیٰ درجہ کے گزٹڈ افسران کی ایک قیادت وائز کمشنر شری ملہیر شاہداد، صدر پریوینل، نے اپنی رائز کمشنر خدیجہ بیگم خان، سابقہ نیشنل روئل انفنٹری، اور جوائنٹ سروس کمانڈر کے ساتھ



فعل آواز: مضارع اول کے عالمی کے موقع پر ضمیر و ضمیر آکر ضمیر پیش کے زیر انتہاء آگائی واک کی قیادت ڈاکٹر کٹر و شمل و ضمیر شاید انا بعد پر ہو گیا۔
سائل ڈاکٹر کٹر خالد جمیر و فاضل خان، موقعی عنوان درو شمل آتھی، بار چمکی کرے ہے

۱. بھلا میں کیسے ہوں۔





فیصل آباد: معذوروں کے عالمی دن کے موقع پر تعمیر و ترقی آرگنائزیشن کے زیر اہتمام آگاہی واک کی قیادت ڈاکٹر میٹروشل بطخیر شاہد رانا، صدر پرویز گل، سٹی ڈائریکٹر خالد شیر، مایہ خان، صوفیہ رضوان، رومیل آغلی، مہربین گل کر رہے ہیں

روزنامہ نائے وقت لاہور، 11 دسمبر 2019ء

معذور افراد کے عالمی دن کے حوالے سے رنگ رنگ تقریب

فیصل آباد (ماہنامہ خصوصی) معذور افراد کے عالمی دن کے موقع پر تعمیر و ترقی آرگنائزیشن کے زیر اہتمام رنگ رنگ تقریب کا انعقاد کیا گیا جس میں ڈاکٹر میٹروشل بطخیر شاہد رانا ڈپٹی ڈائریکٹر خالد شیر، ڈی ڈی او مایہ خان، ڈی ڈی او صوفیہ رضوان، نائب صدر تعمیر و ترقی آرگنائزیشن پرویز گل، رومیل آغلی، دو گھرانے شرکت کی تقریب سے ڈاکٹر میٹروشل بطخیر شاہد رانا نے خطاب کرتے ہوئے کہا کہ معذور افراد کی اس معاشرہ کے فعال افراد ہیں ہمیں ان کی تعلیم تربیت کا خاص خیال رکھنا ہے اور انہیں معاشرے میں دو مقام دینا ہے جس کے بے حق دار ہیں حکومت کی ان افراد کے لئے خصوصی کاوشیں کر رہی ہے۔



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معذور افراد بھی معاشرہ کے فعال افراد ہیں، شاہد رانا

ہمیں معذور افراد کی تعلیم تربیت کا خاص خیال رکھنا ہے۔ معاشرے میں مقام دینا ہے

فیصل آباد (پرویز گل رپورٹ) معذور افراد کے عالمی دن کے موقع پر تعمیر و ترقی آرگنائزیشن کے زیر اہتمام رنگ رنگ تقریب کا انعقاد کیا گیا جس میں ڈاکٹر میٹروشل بطخیر شاہد رانا، ڈپٹی ڈائریکٹر خالد شیر، ڈی ڈی او مایہ خان، نائب صدر تعمیر و ترقی آرگنائزیشن پرویز گل، رومیل آغلی، دو گھرانے شرکت کی تقریب سے ڈاکٹر میٹروشل بطخیر شاہد رانا نے خطاب کرتے ہوئے کہا کہ معذور افراد کی اس معاشرہ کے فعال افراد ہیں ہمیں ان کی تعلیم تربیت کا خاص خیال رکھنا ہے اور انہیں معاشرے میں دو مقام دینا ہے جس کے بے حق دار ہیں حکومت کی ان افراد کے لئے خصوصی کاوشیں کر رہی ہے۔



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ڈاکٹر میٹروشل بطخیر شاہد رانا ڈپٹی ڈائریکٹر خالد شیر، مایہ خان، صوفیہ رضوان، رومیل آغلی، دو گھرانے شرکت کی تقریب سے ڈاکٹر میٹروشل بطخیر شاہد رانا نے خطاب کرتے ہوئے کہا کہ معذور افراد کی اس معاشرہ کے فعال افراد ہیں ہمیں ان کی تعلیم تربیت کا خاص خیال رکھنا ہے اور انہیں معاشرے میں دو مقام دینا ہے جس کے بے حق دار ہیں حکومت کی ان افراد کے لئے خصوصی کاوشیں کر رہی ہے۔